



Rowland Adult and
Community Education
Race for life-long learning

2026 SPRING Course Catalog

Vol. 55 • No. 2

Registration starts January 5, 2026



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Visit us at: race.rowlandschools.org



Follow us on social media!



@RowlandAdultandCommunityEd



@RowlandAdultEd



@rowlandadultandcommunityed2152



@RowlandAdultEd



Rowland Adult and
Community Education

Race for life-long learning

Welcome to the 2025-2026 school year! Thank you for continuing your education with Rowland Adult and Community Education (RACE). Since 1970, RACE has served the unincorporated communities of Rowland Heights and La Puente, along with portions of West Covina and Walnut. We are dedicated to providing adults and families with high-quality and meaningful programs.

As we continue to grow our programs, we remain committed to offering a variety of classes that reflect the needs of our diverse community. We offer day, evening, HyFlex, and online classes to fit diverse learner needs throughout the year. We look forward to supporting you to achieve your academic and personal goals.

BOARD OF EDUCATION

Cary C. Chen, President
Kevin Hayakawa, Ph.D., Vice President
Erik Venegas, Clerk
Ellen Park, Member
Agnes P. Gonzalez, Member

SUPERINTENDENT'S CABINET

Alejandro Flores, Superintendent of Schools
Miriam Kim, Assistant Superintendent, Administrative Services Division
Brian Huff, Ed.D., Assistant Superintendent, Education Services Division
Kevin Despard, Ed.D., Assistant Superintendent, Human Resources Division

ROWLAND ADULT AND COMMUNITY EDUCATION

2100 Lerona Avenue
Rowland Heights, California 91748
Telephone: (626) 965-5975
Fax: (626) 854-1191

OFFICE HOURS

Monday – Thursday: 8:00 a.m. – 9:00 p.m.
Friday: 8:00 a.m. – 4:30 p.m.

ADULT EDUCATION ADMINISTRATION

Mitch Brunyer
Director of Adult Education and Career Technical Education

OFFICE STAFF

Jessica M. Marin, Office Manager
Janet Hernandez, ESL Program Coordinator
Stephanie Rodriguez, ASE Program Coordinator
Eddie Juarez, Office Assistant
Natalie Higuera, Office Assistant
Ignacio Morales, Office Assistant
Paola Perez, Office Assistant
Sophia Zepeda Navas, Office Assistant

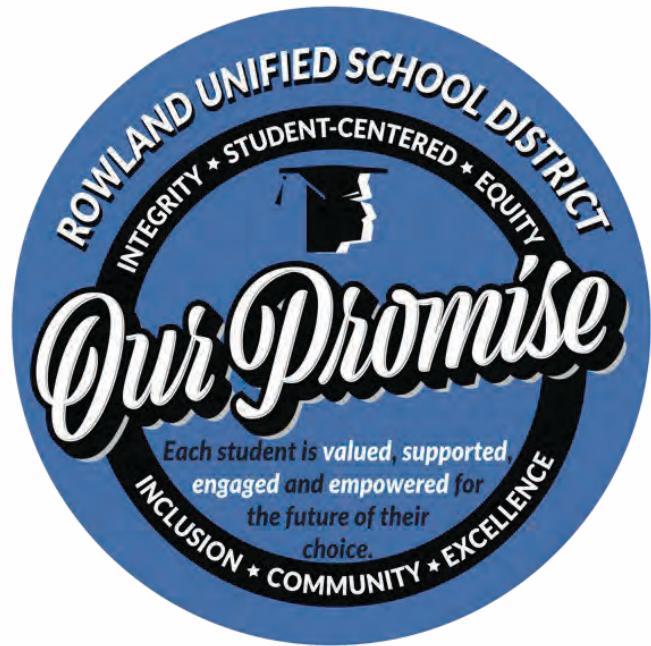
COUNSELING DEPARTMENT

Stephani Garcia, Counselor
Ivette Alvarado, Counselor

Appointments

Counselors are available by appointment Monday through Friday.

Contact Information: (626) 965-5975
stephani.garcia@rowlandschools.org
ivette.alvarado@rowlandschools.org



Rowland Adult and
Community Education
Race for life-long learning

MISSION

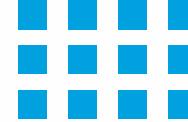
To inspire students to develop and achieve their goals through quality and meaningful educational programs.

VISION

Rowland Adult and Community Education identifies and addresses the needs of a culturally, academically, and economically diverse community by building bridges that provide the student the opportunity to be informed, productive, and engaged community members.



Rowland Adult & Community Education Superintendent's Letter



Rowland Unified School District
1830 South Nogales Street
Rowland Heights
CA 91748
(626) 965-2541
FAX (626) 854-8302
www.rowlandschools.org



Governing Board
Cary C. Chen
Agnes P. Gonzalez
Kevin Hayakawa, Ph.D.
Ellen Park
Erik Venegas

Superintendent of Schools
Alejandro Flores

Dear Members of the Rowland Unified Community,

Welcome to 2026! On behalf of the RUSD Board of Education, congratulations on selecting Rowland Adult and Community Education (RACE) as a partner on your life-long learning path. This is the 55th year of RACE providing learning opportunities to help adults in our community enhance personal skills and knowledge through education!

Rowland Unified is proud to offer award-winning programs that inspire and educate. We are committed to providing outstanding support to our students and promote, expect, and accept nothing short of excellence. We encourage you to take advantage of the programs and services we offer to help you reach your goals.

In participating in our adult education programs, the expected learning objectives will be evident in the classes in which you enroll.

RACE and the Rowland Unified School District are committed to helping you achieve your personal success. Being an adult learner sets a positive example for our K-12 students. Thank you for being a role model for our youth.

Sincerely,

Alejandro Flores
Superintendent of Schools





FREE High School Diploma Program

Continue your education and earn your High School Diploma. High School Diploma Course classes are available in-person or online. Work at your own pace, tuition-free.

Day	Date	Time	Location	Room
MTWTH	01/12/26-05/21/26	8:30-11:30am	Santana Campus	P-2
MTWTH	01/12/26-05/21/26	6:00-9:00pm	Rowland Campus	104
MTWTH	01/12/26-05/21/26	6:00-9:00pm	Gemini Campus	201
MTWTH	01/12/26-05/21/26	6:00-9:00pm	Online	
Sat	01/17/26-05/23/26	8:30am-12:30pm	HyFLEX (Rowland Campus/Online)	102

High School Diploma Requirements: 160 Credits

Subject	Credits
English	30
Mathematics (Including Algebra)	20
Life Science	10
Physical Science	10
U.S. History	10
World History	10
Fine Arts/Foreign Language	10
Government	5
Economics	5
Approved Electives	50

How To Get Started:

- 1 Complete High School Student Registration Form found at: race.rowlandschools.org
- 2 Receive a new student orientation appointment.
- 3 Attend orientation, take CASAS assessment, discuss your options with a counselor.
- 4 Receive your graduation plan and register for class.

Start Here!



SCAN ME

bit.ly/ASEprereg

Concurrent Enrollment for High School Students

Rowland Adult & Community Education High School Concurrent Enrollment Program. Class is available to students who attend:

Nogales High School
Rowland High School
Santana High School

Concurrent enrollment is a form of dual enrollment. Students may enroll if:

1. The adult education program, course, or class is not offered in the regular high school curriculum.
2. The student needs the adult education program, course, or class in order to make up deficient credits for graduation from high school.
3. The adult education program, course, or class supplements or enriches the high school student's educational experience.

Contact your home high school to register.

The information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.

Graduation Date: June 9, 2026





High School Equivalency Program

FREE

Continue your education and earn your GED/HiSET Equivalency Certificate. GED/HiSET Preparation classes are available in-person or online. Work at your own pace, free of cost. *CASAS Pre & Post Test required.



Day	Date	Time	Location	Room
MTWTH	01/12/26-05/21/26	8:30-11:30am	Santana Campus	P-2
MTWTH	01/12/26-05/21/26	6:00-9:00pm	Rowland Campus	104
MTWTH	01/12/26-05/21/26	6:00-9:00pm	Gemini Campus	201
MTWTH	01/12/26-05/21/26	6:00-9:00pm	Online	
Sat	01/17/26-05/23/26	8:30am-12:30pm	HyFLEX (Rowland Campus/Online)	102

GED Requirements

A student will be issued a GED upon successful completion of all four of the GED exams, which are:

- Reasoning Through Language Arts
- Mathematical Reasoning
- Science
- Social Science

Please visit GED.com for additional information and eligibility.

GED Computer Testing

Weekly on Tuesdays

January 13, 20, 27 • February 3, 10, 17, 24
March 3, 10, 17, 24 • April 7, 14, 21, 28
May 5, 12, 19, 26
4:00pm

Visit GED.com to schedule tests

Passing score is 145 or higher on each test.
Cost per test is \$41.00, total cost is \$164.00

HiSET Requirements

A student will be issued a HiSET Certificate upon successful completion of all five tests which are:

- Language Arts - Reading
- Mathematics
- Science
- Language Arts - Writing
- Social Studies

Please visit HiSET.ets.org for additional information and eligibility.

HiSET Paper/Pencil and Computer Testing

January 13 through May 22

Tuesdays from 4:00-8:00pm

Fridays from 9:00am-1:00pm

Call 626-965-5975 to schedule tests

Passing score is 8 on each test, 2 on the essay portion.
Cost per test is \$25.00, total cost is \$125.00

Adult Basic Education Information

The goal of the ABE class is to help you develop your math and reading skills. Reading comprehension, vocabulary, and grammar will be the focus of the class. Upon completion, you will have a strong academic foundation to use in your every day life such as assisting your children with their schoolwork, preparing for preemployment/ promotional exams, or preparing for the high school diploma or high school equivalency exam (GED or HiSET). Work at your own pace, free of cost. *CASAS Pre & Post Test required.

Start Here!



bit.ly/ASEprereg

Day	Date	Time	Location	Room
MTWTH	01/12/26-05/21/26	12:00-3:00pm	Rowland Campus	104
MTWTH	01/12/26-05/21/26	6:00-9:00pm	Gemini Campus	201

The information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.

Digital Literacy

This class is for students with little or no computer experience. You will learn basic computer skills like turning on a computer, using a mouse and keyboard, searching the internet, and sending emails. You will also learn how to stay safe online and use English to ask and answer everyday questions. This class helps you to use technology in your daily life and improve your English at the same time.

Day	Date	Time	Location	Room
TBD	TBD	TBD	Rowland Campus	102





English as a Second Language (ESL)

Do you want to get a job, or a promotion, go to college, prepare for the citizenship interview, or communicate better with your neighbors and friends? Improving your English skills is an important way to achieve your goals. We have **FREE** English classes in the morning, afternoon, and evening, for all levels from Literacy to Advanced.

Spring Session 2026

January 12 - May 22, 2026

New Student Orientation (Held Weekly)

Wednesday: Rowland Campus - 9am, 1pm, 6pm in the Computer Lab

Thursday: Gemini Campus - 9am, 1pm, 6pm in Room 201

How To Get Started:

1 Pre-Register Online

Scan the QR code on the Pre-Registration Dates and fill out the online form. You will get an email within 72 hours with your Orientation and Testing appointment.

2 Attend Orientation and take a test

All new students must attend Orientation and take a Placement test.

3 Choose Your class

We will help you enroll in the right ESL or Citizenship Preparation class.

4 Start Attending Class

Join your scheduled class and begin learning!

Start Here!



bit.ly/RACEESL

All ESL Levels At Rowland Campus Available!

- Literacy
- Beginning Low
- Beginning High
- Intermediate Low
- Intermediate High
- Advanced
- Conversation
- Digital Literacy



Learn Online

▼ With a live instructor through Zoom

Classes meet 4 days, Monday - Thursday:

- 8:30-11:30 am
- 12:00-2:00 pm
- 6:00-9:00 pm

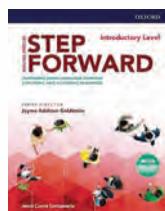
The information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.



ESL Course Descriptions

Below are course descriptions for the ESL classes and the books used at each level. Textbook sets can be purchased in the school office. Textbook sets include a student book and a workbook.

Textbook purchase is optional.



Literacy

Textbook: Step Forward Introductory

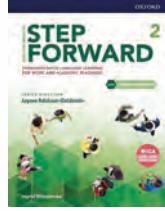
This course is for students who have little or no literacy skills in English and/or their first language. Students practice writing the alphabet, making words and sentences, and expressing themselves in simple English. Students learn to communicate in English using questions and answers. Students build basic communication skills that enable them to participate in daily activities.



Beginning Low

Textbook: Step Forward 1

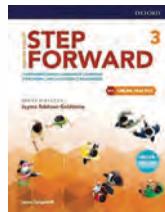
This course is for students who are beginning to build their language skills in English. Students practice communication skills for everyday situations and build a larger vocabulary through listening, speaking, reading, writing and grammar activities. Students communicate using basic words and phrases. Students understand and respond to some phrases when spoken slowly and with much repetition.



Beginning High

Textbook: Step Forward 2

This course is for students who have basic language abilities. Students gain additional language skills needed for basic communication at home, school, and work. This includes listening, speaking, pronunciation, reading, grammar, and writing skills. Students write several basic sentences about personal topics with grammatical accuracy.



Intermediate Low

Textbook: Step Forward 3

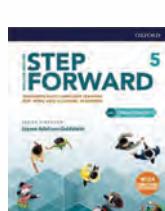
This course is for students to continue developing their communicative abilities through listening, speaking, reading, writing and grammar activities. This class focuses on increasing reading skills and strategies with an intensive emphasis on vocabulary development. Students will practice new vocabulary in writing and will engage in role-play activities in routine social and work settings.



Intermediate High

Textbook: Step Forward 4

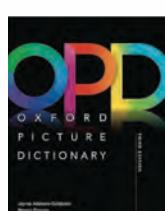
This course is for students who have mastered many literacy skills. Students further develop their language skills in order to enhance their personal, social, and workplace communication. Students focus on developing listening for phrases and new vocabulary in unfamiliar settings. Students start building academic vocabulary and strategies.



Advanced

Textbook: Step Forward 5

This course is for students to develop academic skills and vocabulary through activities that include team projects and presentations. Students develop high level critical thinking and problem solving while increasing their command of language strategies. Students recognize main ideas and details in conversations and short lectures. The course will broaden students' ability to comprehend and use spoken English in a variety of social situations. ***Does not include workbook.**



All ESL Classes

Textbook: Oxford Picture Dictionary, 3rd Edition

OPD helps students learn vocabulary and language. It shows 4,000 words and phrases with pictures from real life. It includes topics like finding a job, planning a career, using digital tools, and being a good citizen.

**The Information printed in this Schedule of Classes regarding classes, location, and teachers
is as up-to-date as possible at time of printing.**

Rowland Adult & Community Education ESL / Citizenship / Older Adults / Parenting



FREE

CITIZENSHIP PREPARATION

These free courses provide English language learners the information and skills they need to complete the naturalization process. Using resources available from USCIS, students practice skills for the naturalization interview and for completing the N-400 application.

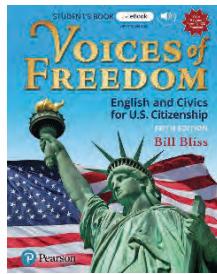
***ESL instructors are not qualified to give legal advice.**

REGISTRATION PROCEDURES: To register for any Citizenship Preparation class, students **must** pre-register with our QR code.



SCAN ME

To register scan code or type on your browser:
<http://bit.ly/RACECIT>



▼ Learn Online

Monday - Thursday: 8:30-11:30 am

Learn In-Person

▼ Pacific Clinics

Monday & Thursday: 9:00 am-12:00 pm

▼ Rowland Campus

Monday - Thursday: 6:00-9:00 pm

This course uses **Voices of Freedom** (5th Edition). *Textbook purchase is optional.*

OLDER ADULTS

These classes are designed to offer lifelong education to provide opportunities for personal growth, development, economic self sufficiency and opportunity to participate in special activities.

There will be a non-refundable \$50 registration fee.



Gift Making/Crochet & Knitting

FREE

ESL CONVERSATION

(ESL 3 Beginning High & ESL 4 Intermediate Low)

This course helps English learners build confidence and fluency in everyday conversations. Students will learn topic-specific vocabulary and practice using English in real-life situations such as greetings and introductions, offering and asking for help, giving opinions, and discussing job skills and experiences. Lessons include interactive listening activities to sharpen comprehension, pronunciation practice to improve clarity, and role-play exercises to develop practical speaking skills.

- Student must be co-enrolled in an ESL class
- Student must have a CASAS reading score of 197-216 to be enrolled in this class
- Student must take a CASAS listening test

This course uses
Communication at Work.
Textbook purchase is optional.



PARENT EDUCATION THROUGH PARENT/CHILD PARTICIPATION (PARENT & ME)

This class is designed for parents and/or guardians to participate with their child in an observational preschool setting. Parents and children will participate in group activities, attend field trips, and participate in group discussions to stimulate social and emotional growth and foster school readiness. Activities include sharing the letter of the week, learning the ABCs and their sounds, learning colors, flag salute, calendar, days of the week, craft time using many different art mediums, circle time, singing, dancing, outside play, snack time, tabletop activities and end the day with puppet time!

Requirements for Enrollment: Parents must bring proof of child's current immunizations: Polio, DTP or DTaP, MMR, Hepatitis B, Hib and Varicella. **Parents must have a current tuberculosis clearance.**



REGISTRATION: A non-refundable \$180 registration fee per class session. A non-refundable \$50 fee for each additional child. Upon registration, parents **MUST HAVE** proof of TB clearance. You will not be able to register without proof of TB clearance.

Maximum number of students: 20 Adults

All classes are for children Birth - 5 years old.

71011	Mon	01/12/26-05/18/26	9:00am-12:00pm	Rowland Campus	105
Teacher: Susy Kwon					
71012	Tue	01/13/26-05/19/26	9:00am-12:00pm	Rowland Campus	105
Teacher: Colleen Bridgewater					
71013	Wed	01/14/26-05/20/26	9:00am-12:00pm	Rowland Campus	105
Teacher: Colleen Bridgewater					
71014	Thu	01/15/26-05/21/26	9:00am-12:00pm	Rowland Campus	105
Teacher: Colleen Bridgewater					
71015	Fri	01/16/26-05/22/26	9:00am-12:00pm	Rowland Campus	105
Teacher: Colleen Bridgewater					
71016	Sat	01/17/26-05/23/26	9:00am-12:00pm	Rowland Campus	105
Teacher: Susy Kwon					



Rowland Adult & Community Education Career Technical Education

FREE CAREER TECHNICAL EDUCATION (CTE) PROGRAM

This program provides English Language Learners with the essential training and contextualized language support needed to succeed in the healthcare field. It combines fundamental CNA coursework with targeted ESL instruction, focusing on medical terminology, patient communication, and professional standards in a healthcare setting. Students in this program prepare to take the exam to become a Certified

CTE STUDENT ORIENTATION

Students enrolling in CTE, Certified Nursing Assistant program, must be co-enrolled in either ASE, ESL/CIT to be considered for the program. CTE students enrolled in:

- ESL must be concurrently enrolled and have a CASAS Reading score of at least 207+ (Level 4).
- ASE must be concurrently enrolled and have a CASAS Reading score of at least 217+ (Level 3).

INTRODUCTION TO HEALTH OCCUPATIONS

This course introduces students to healthcare careers while improving their English, communication, and workplace skills. Designed for English Language Learners (ESL), it includes medical vocabulary, safety, and hands-on activities. Students explore career options and prepare for programs like Certified Nursing Assistant.

DAY	DATE	TIME	LOCATION	ROOM
Sat	01/17/26-05/23/26	8:30am-2:00pm	Rowland HS	M9

CERTIFIED NURSING ASSISTANT THEORY

This course prepares students for entry-level healthcare careers by teaching patient care, safety, and communication skills. Designed for English Language Learners, this course combines healthcare training with English development to build workplace language and confidence. Students gain the knowledge and hands-on experience needed for clinical training and CNA certification.

DAY	DATE	TIME	LOCATION	ROOM
Mon/Wed	01/12/26-05/20/26	6:00-9:00pm	Rowland HS	M9

ELL HEALTH CARE PATHWAY

CERTIFIED NURSING ASSISTANT



Course 1: Introduction to Healthcare Occupations for English Language Learners

- Semester class
- 88 Hours

Course 2: CNA Theory

- Semester Class
- 60 Hours

Course 3: CNA Clinical/ Externship

- 100 Hours



The information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.



Community Education Registration is Easy. Enroll Early!

Community Education classes do not receive any state funds, students pay a class fee sufficient to cover the direct costs of instruction. The class fee is based upon a minimum enrollment of eight students unless otherwise noted, and varies according to the number of hours of instruction. Classes which do not meet the minimum attendance number by the end of the first hour of the first class meeting will be able to choose from one of the following options in order to maintain the class:

1. Pay higher class fees to cover the cost of the class based on the minimum enrollment.
2. Reduce the total hours of instruction to cover the direct costs of instruction.
3. Cancel the class.

Enrollments are taken in the order received, and some courses will fill quickly. Early enrollment is strongly advised. You are enrolled in the activity/class of your choice unless you are notified of a change or a problem. In order to ensure that the class you want takes place please register in one of the following three ways:

1. BY MAIL

Just fill out the quick and easy registration form located on page 18. Print clearly and provide all the information requested on the form to insure quick processing of your registration. Be sure to include your credit card number, or money order payable to:

Rowland Adult and Community Education
Mail it along with your registration form to:
Rowland Adult & Community Education
2100 Lerona Avenue
Rowland Heights, CA 91748

2. BY FAX – 24 hours a day! 7 days a week!

FAX anytime to (626) 854-1191. Be sure to provide all the registration information and your credit card number including the card expiration date. Do not forget to sign the form.

3. WALK-IN

Drop by our office at Rowland Adult and Community Education located at 2100 Lerona Avenue during regular office hours.

4. BY E-MAIL

E-mail the online registration form to
communityed@rowlandschools.org

5. ONLINE (NEW!) – 24 HOURS A DAY, 7 DAYS A WEEK!

RACE is now offering ONLINE registration for our Community Education classes. Register and pay for your classes from the comfort of your home at race.rowlandschools.org.

Please Note:

Classes must be paid by cash or credit card only.

How to read the Community Education Class schedule:

session number	day(s)	time	start/end dates
620211 6 wks	Tues/Wed/Thur Rowland Campus	8:15-1:30 pm 105	01/23/26-05/19/26 Tanimoto \$55
course duration	campus	room	instructor
			fee

Refunds

Please plan carefully, as there will be **NO REFUNDS, CLASS TRANSFER OR LETTER OF CREDIT.**

If the class is canceled by the Adult School, a full refund will be processed and mailed to you.

Join Us!



**FINISH
HIGH SCHOOL
for free!**



**PREPARE FOR
CITIZENSHIP
for free!**



**IMPROVE YOUR
ENGLISH
for free!**

Visit us at: race.rowlandschools.org

The Information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.



Rowland Adult & Community Education

Computer / Fitness & Health / Finance / General Interest

INTRO To COMPUTERS AND INTERNET

Develop your computer techniques in an easy way! This class will let you explore the basic computer skills to enrich the knowledge in Microsoft Word usage as well as internet search techniques. Students will learn useful functions of Microsoft Word to create and edit documents which will help you with reports and projects. Our hands-on practice will benefit students to have a jump start getting office computing skills. **Minimum 5 students, maximum 30.**

610101	Mon	8:00-8:45pm	01/26/26-03/09/26
No Class 2/16			
6 wks	Rowland Campus	102	Ng \$120

Material Fee: \$10 cash payable to the instructor first day of class for handouts.



INTRO TO EXCEL AND POWERPOINT

Whether you want to use your computer to create slideshow presentations or have fun with animations, produce tables, insert charts and spreadsheet with formula, this class will let you explore the basic skills to enrich your computer knowledge in Microsoft PowerPoint and Excel. We develop a series of hands-on practice and accelerate students to master these two useful Microsoft programs that will benefit your office computing techniques.

Minimum 5 students, maximum 30.

610130	Mon	8:00-8:45pm	03/16/26-04/27/26
No Class 3/30			
6 wks	Rowland Campus	102	Ng \$120

Material Fee: \$10 cash payable to the instructor first day of class for handouts.

Alan Ng has been teaching classes for more than 15 years in over 30 cities in 3 counties. After many years of working with students from different backgrounds, he has developed a set of hands-on materials for making learning fun and easy. Alan has a Master's Degree in Computer Science and is highly qualified in instructing courses for learning computer skills.

Scan code or type
on your browser:
<https://bit.ly/46wZJKg>



The Information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.

CHANGE YOUR LIFE IN 30 DAYS



WEIGHT MANAGEMENT APPLYING "THE WHOLE 30 PROGRAM"

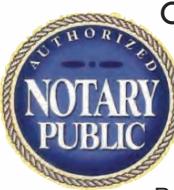
Improve your sugar levels, and joint pain, lower your cholesterol and blood pressure while you lose weight, and learn what food groups may be causing you these unwanted health conditions. Get your diabetes and blood pressure under control without counting calories or measuring food by applying "The Whole 30" plan.

Minimum 5 students, maximum 20.

640320	Sat	8:00-9:00am	01/24/26-03/07/26
No Class 2/14			
6 wks	Rowland Campus	106	Chavira \$150

Items needed for class: pen, paper, and textbook "The Whole 30" ISBN 978-0-544-6071-6

Sandra Chavira has lost over 100 pounds. She has a bachelor's degree in health & Wellness and certified in nutrition.



CALIFORNIA STATE NOTARY PUBLIC

California needs additional professional Notaries for the expanding financial, real estate, business and law professions. Become a more valuable employee or own your own business. This class will provide the new or previously commissioned Notary with the education to take the State examination. The State proctors (CPS) will administer the State Notary Public examination after the 6 hour approved course is completed. Due to State examination testing standards, seating is limited. **Min. 1 student, max. 30.**

Note: The student needs to bring:

- Valid Driver's License, ID Card, Passport, or military ID.
- A check, cashier's check, or money order for \$40 made out to the "Secretary of State" in order to take the exam. (DO NOT combine any other fees with this check amount).
- Two #2 pencils for taking the State exam.

680101	Sat	8:00am-5:00pm	01/31/26
1 day Rowland Campus 101 Peavyhouse \$70			
680101	Sat	8:00am-5:00pm	01/31/26

Material Fee: \$49 cash, credit cards or checks payable to the instructor at first class meeting for workbook, study guide and materials for the state.

GUITAR CLASS FOR ADULTS

A fun class to discover the many possibilities of music through playing an instrument in stimulating the brain and enhancing personality and well-being. Students will learn the fundamentals of music and will be able to play simple melodies on the guitar.

Students will need a guitar. Minimum 4 students, maximum 9.

670401	Mon	7:00-8:00pm	01/26/26-03/23/26
670402	Mon	8:00-9:00pm	01/26/26-03/23/26
No Class 2/16			
8 wks	Rowland Heights School of Music	Ng \$280	
670451	Mon	7:00-8:00pm	04/06/26-05/18/26
670452	Mon	8:00-9:00pm	04/06/26-05/18/26
No Class 3/30			
7 wks	Rowland Heights School of Music	Ng \$245	

Material Fee: \$30 cash payable to the instructor for the instruction book and instrument maintenance fee at the first-class meeting.

Manuel Ng, Jr. graduated from the University of the Philippines, Colleges of Music, major in classical guitar and minor in piano. He has been teaching guitar since he graduated in 2004 to present. He has a combined teaching experience of 18 years. Mr. Ng is currently a faculty member of the Rowland Heights School of Music and Arts, teaching both classical and contemporary guitar.



PIANO CLASS FOR ADULTS & SENIORS

A fun class to discover the many possibilities of music through playing an instrument in stimulating the brain and enhancing personality and well-being. Students will learn the fundamentals of music and will be able to play simple melodies on the piano or keyboard at the end of the class sessions.



Minimum 5 students, maximum 9.

BEGINNING I

670301	Tue	6:00-7:00pm	01/27/26-03/17/26
670302	Thu	7:30-8:30pm	01/29/26-03/19/26

BEGINNING II

670310	Tue	6:00-7:00pm	03/24/26-05/19/26
670311	Thu	7:30-8:30pm	03/26/26-05/21/26

No Class 3/31, 4/2

8 wks Rowland Heights School of Music Fresnoza \$280

Material Fee: \$35 cash payable to the instructor for the instruction book and instrument maintenance fee at the first class meeting. You will need your own personal set of headphones with a large prong adapter.

Dr. Yolanda Fresnoza is the Founder and Director of the Rowland Heights School of Music & Arts, developing musical talents since 1989. She has also been providing piano classes in partnership with the Recreation Department of Rowland Adult and Community Education for over 25 years.



AMERICAN HEART ASSOCIATION CPR, AED AND FIRST AID FOR ADULTS, CHILDREN AND INFANTS

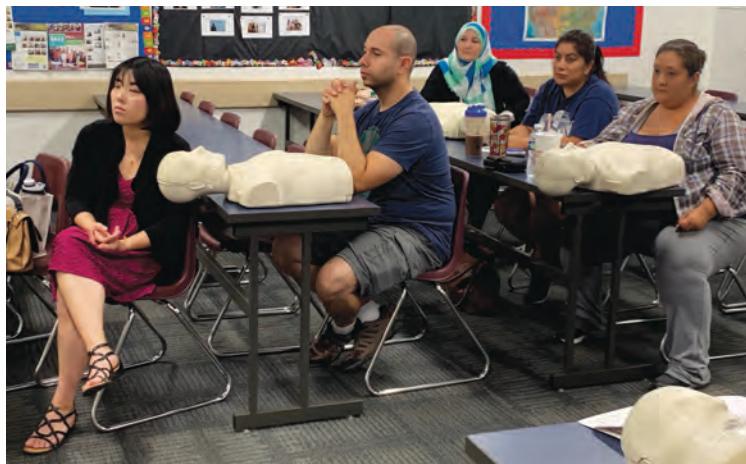
In this course each student will be taught, legal considerations, responsibility of the first aid provider, recognizing an emergency, scene/self-safety, deciding to help, and basic CPR one rescuer skills (adult, child, infant), including chest compressions, and breathing with a barrier, hands-only CPR, treatment for an obstructed airway (choking) use of AED. Basic first aid for injuries, illnesses, and environmental emergencies. Please advise the instructor if a "Pediatric" card is required. All certification cards will be emailed to students.

Registration is required 5 days prior to the course beginning.
Minimum 6 students, maximum 9.

670201	Sat	8:00am-12:00pm	02/21/26
670202	Sat	8:00am-12:00pm	03/07/26
670203	Sat	8:00am-12:00pm	04/11/26
670204	Sat	8:00am-12:00pm	05/16/26
1 day	Rowland Campus	101	Baca \$60

Material Fee: \$25 cash payable to the instructor at the first class meeting for book and certification card.

Michael Baca brings 35 years of experience. First, as a U.S. Navy Trainer/Combat Medic. He studied Emergency Medical Technician Training at UCLA. He earned a Bachelor of Science Degree in Business Management from the University of Phoenix. He is certified to train in various OSHA safety subjects through, Health and Safety Institute, and Medic First Aid.



The information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.

SPANISH 1

In this class you will learn the basics of the Spanish language and its pronunciation. You will learn the alphabet (vowels and consonants), numbers (1 to 100), and the days of the week. With this class you will be able to understand basic everyday words and have simple conversations. **Min. 5 students, max. 20.**

650101	Sat	9:05-10:05am	01/24/26-03/07/26
No Class 2/14			

6 wks Rowland Campus 106 Chavira \$150

SPANISH 2

In this class, you will learn nouns in the Spanish language and their pronunciation. You will learn the names of body parts, office and home furniture, business etiquette, and common words used at work. You will also learn common words used in relationships, such as the family tree (mom, dad, sister, brother, etc.). You will be able to understand common everyday words and how to have small conversations to ask for addresses and directions. **Min. 5 students, max. 20.**

650201	Sat	10:10-11:10am	01/24/26-03/07/26
No Class 2/14			

6 wks Rowland Campus 106 Chavira \$150

SPANISH 3

In this class you will learn Latin American History and fundamental differences in the Spanish language. You will learn the differences between nouns, pronouns, and verb conjugation. You will learn more in depth about nouns having gender, punctuation marks used and much more. **Min. 5 students, max. 20.**

650301	Sat	9:05-10:05am	03/14/26-04/25/26
No Class 4/4			

6 wks Rowland Campus 106 Chavira \$150

SPANISH 4

In this class you will learn how to carry a normal conversation in the Spanish language. From introducing yourself or another person, asking someone who they are, to being able to have a conversation and getting to know someone. You will learn adjectives, future simple conjugation, present tense conjugation, and much more.

Min. 5 students, max. 20.

650401	Sat	10:10-11:10am	03/14/26-04/25/26
No Class 4/4			

6 wks Rowland Campus 106 Chavira \$150

Sandra Chavira is excited to be part of the beginner's Spanish class, where she looks forward to inspiring her students and instilling in them a love for the Spanish language and culture.



WRITE AND PUBLISH YOUR BOOK

Learn how to write and publish your book. It's time to stop putting one of your dreams aside and make it a reality, I did and so can you. This class will not just give you all the necessary tools to become a successful book writer, but also will teach you how to publish your book without spending one cent.

Min. 5 students, max. 20.

651100	Sat	11:20am-12:20pm	03/14/26-04/25/26
No Class 4/4			

6 wks Rowland Campus 106 Chavira \$300

Sandra Chavira is a writing coach with a passion for helping aspiring writers turn their ideas into finished books. Mrs. Chavira has developed a proven, step-by-step approach to guide writers through the process of outlining, drafting, and completing their manuscript in just seven weeks. She empowers participants to overcome creative blocks, stay focused, and achieve their writing goals.

Learn ANYWHERE

Learn ANYTIME

ONLINE COURSES

ROWLAND ADULT AND COMMUNITY EDUCATION

**MORE THAN
450**
courses, series and
suites to choose from!

COURSE FEATURES:

 100% Online

 24/7 Course access

 Start anytime

 6-Week instructor-moderated or
3-month self-guided formats

 Learn from industry experts

 Receive a certificate
of completion

ARTS AND DESIGN

- Animation
- Graphic Arts
- Photography
- Web Design

BUSINESS

- Accounting
- Administrative
- Communication
- Finance
- Marketing and Sales
- Operations
- Project Management
- Small Business
- Soft Skills

COMPUTER APPLICATIONS

- Google
- Microsoft
- QuickBooks
- Windows

COMPUTER SCIENCE

- Data Science
- Database Management
- Programming

CONSTRUCTION AND TRADES

HEALTH AND FITNESS

- Alternative Medicine
- Fitness
- Medical
- Veterinary
- Wellness

HOSPITALITY

INFORMATION TECHNOLOGY

- Cloud Computing
- Cybersecurity
- Networking
- Security

LANGUAGE

LEGAL STUDIES

MATH AND SCIENCE

TEACHER PROFESSIONAL DEVELOPMENT

- Child Development
- Classroom Technology
- Math and Science
- Reading and Writing

TEST AND EXAM PREP

WRITING AND EDITING

To view all courses, learn more and enroll, visit:

ed2go.com/race

Rowland Adult & Community Education

General Information



ABOUT THIS CATALOG

This publication must be prepared well in advance of the time period it covers; therefore, changes in some programs, policies and fees may occur. Courses as described are subject to change without notice and some courses or programs that are offered may have to be cancelled because of insufficient enrollment, elimination or reduction in programs or for any other reason considered sufficient by the Director of Adult Education/Career Preparation. Any questions about courses or programs listed in this catalog should be directed to the adult school main office located at 2100 Lerona Avenue, Rowland Heights or call 626-965-5975.

ENROLLMENT PRIORITY

Enrollment priority is given to adults in all adult education program, courses or classes. (E.C.52500)

REGISTRATION INFORMATION

Registration for ESL begins the week of **January 5, 2026**. Registration for Community-Based classes begins January 5, 2026.

HIGH SCHOOL DIPLOMA CREDIT (ADULTS)

Rowland Adult and Community Education will grant an adult high school diploma. Credits toward the diploma may be earned for previous schooling, work experience and military service. A plan for completing graduation requirements will be provided by the Adult School Counselor.

CONTINUOUS ENROLLMENT

Students may continue to enroll in most classes, where space is available, after the semester begins. Please call the adult school office for assistance. No checks accepted. Material fees are charged in some classes in order to meet minimum costs. Payment of these fees are required at the same time of registration. Please refer to class listing for more information.

REFUND POLICY

Please plan carefully as there will be **NO CLASS REFUNDS, LETTER OF CREDIT or CLASS TRANSFERS**. If the class is canceled by the Adult School, a full refund will be processed and mailed to you.

CAL -WORKS

Individuals receiving Temporary Assistance to Needy Families (TANF) are eligible to learn marketable skills for employment. Includes vocational training, GED preparation, Adult Basic Education, English as a Second Language, career counseling and job assistance.

SEXUAL HARASSMENT

Sexual Harassment of or by any employee or student shall not be tolerated. The governing board considers sexual harassment to be a major offense which can result in disciplinary action of the offending employee or suspension or expulsion of students. Sexual harassment is defined in Education Code section 212.5.

IDENTIFICATION CARDS

Picture ID cards can be obtained at the Rowland Campus.

WILLIAMS COMPLAINT CLASSROOM NOTICE GRADES K-12

Parents, Guardians, Pupils, and Teachers:

Pursuant to California Education Code 35186, you are hereby notified that:

1. There should be sufficient textbooks and instructional materials. That means each pupil, including English learners, must have a textbook or instructional materials, or both, to use in class and to take home.
2. School facilities must be clean, safe, and maintained in good repair. There should be no teacher vacancies or misassignments. There should be a teacher assigned to each class and not a series of substitutes or other temporary teachers. The teacher should have the proper credential to teach the class, including the certification required to teach English learners, if present.
3. Teacher vacancy means a position to which a single designated certificated employee has not been assigned at the beginning of the year for an entire year or, if the position is for a one-semester course, a position to which a single designated certificated employee has not been assigned at the beginning of a semester for an entire semester.
4. Misassignment means the placement of a certificated employee in a teaching or services position for which the employee does not hold a legally recognized certificate or credential or the placement of a certificated employee in a teaching or services position that the employee is not otherwise authorized by statute to hold.
5. A complaint form may be obtained at the school office, district office, or downloaded from the school's Website at www.rowlandschools.org. You may also download a copy of the California Department of Education complaint form in English and in other languages from the following Web site: <http://www.cde.ca.gov/re/cp/uc/ucmonitoring.asp>

UNIFORM COMPLAINT PROCEDURE (UCP) ANNUAL NOTICE COMMUNITY RELATIONS BP 1312.3(A)

The Governing Board recognizes that the district has the primary responsibility to ensure compliance with applicable state and federal laws and regulations governing educational programs. The Board encourages early resolution of complaints whenever possible. To resolve complaints which may require a more formal process, the Board adopts the uniform system of complaint processes specified in 5 CCR 4600-4670 and the accompanying administrative regulation.

Complaints Subject to UCP

The district's uniform complaint procedures (UCP) shall be used to investigate and resolve complaints regarding the following programs and activities:

1. Accommodations for pregnant and parenting students
2. Adult education programs
3. After School Education and Safety programs
4. Agricultural career technical education
5. Career technical and technical education and career technical and technical training programs
6. Child care and development programs
7. Compensatory education
8. Consolidated categorical aid programs
9. Course periods without educational content, when students in grades 9-12 are assigned to such courses more than one week in any semester or in a course the student has previously satisfactorily completed, unless specified conditions are met
10. Discrimination, harassment, intimidation, or bullying in district programs and activities, including in those programs or activities funded directly by or that receive or benefit from any state financial assistance, based on the person's actual or perceived characteristics of race or ethnicity, color, ancestry, nationality, national origin, immigration status, ethnic group identification, age, religion, marital status, pregnancy, parental status, physical or mental disability, medical condition, sex, sexual orientation, gender, gender identity, gender expression, or genetic information, or any other characteristic identified in Education Code 200 or 220, Government Code 11135, or Penal Code 422.55, or based on the person's association with a person or group with one or more of these actual or perceived characteristics (5 CCR 4610)

11. Educational and graduation requirements for students in foster care, homeless students, students from military families, students formerly in a juvenile court school, migrant students, and immigrant students participating in a newcomer program

12. Every Student Succeeds Act
13. Local control and accountability plan
14. Migrant education
15. Physical education instructional minutes
16. Student fees
17. Reasonable accommodations to a lactating student
18. Regional occupational centers and program
19. School plans for student achievement as required for the consolidated application for specified federal and/or state categorical funding
20. School safety plans
21. School site councils as required for the consolidated application for specified federal and/or state categorical funding
22. State preschool programs
23. State preschool health and safety issues in license-exempt programs
24. Any complaint alleging retaliation against a complainant or other participant in the complaint process or anyone who has acted to uncover or report a violation subject to this policy
25. Any other state or federal educational program the Superintendent of Public Instruction or designee deems appropriate

The Board recognizes that alternative dispute resolution (ADR) can, depending on the nature of the allegations, offer a process for resolving a complaint in a manner that is acceptable to all parties. An ADR process such as mediation may be offered to resolve complaints that involve more than one student and no adult. However, mediation shall not be offered or used to resolve any complaint involving sexual assault or where there is a reasonable risk that a party to the mediation would feel compelled to participate. The Superintendent or designee shall ensure that the use of ADR is consistent with state and federal laws and regulations.

The district shall protect all complainants from retaliation. In investigating complaints, the confidentiality of the parties involved shall be protected as required by law. For any complaint alleging retaliation or unlawful discrimination (such as discriminatory harassment, intimidation, or bullying), the Superintendent or designee shall keep the identity of the complainant, and/or the subject of the complaint if different from the complainant, confidential when appropriate and as long as the integrity of the complaint process is maintained.

NON-DISCRIMINATION STATEMENT TITLE IX INFORMATION

The Rowland Unified School District is committed to equal opportunity for all individuals in education and in employment. Rowland Unified prohibits discrimination, harassment, intimidation, and bullying based on actual or perceived age, ancestry, color, disability, ethnicity, gender, gender expression, gender identity, genetic information, immigration status, marital status, medical information, national origin, parental status, pregnancy status, race, religion, sex, sexual orientation, or association with a person or a group with one or more of these actual or perceived characteristics. If you believe you, or your student, have been subjected to discrimination, harassment, intimidation, or bullying you should contact your school site principal and/or the District's Chief Compliance and Title IX Officer, Silvia Rivas, by phone at (626)854-8392, by email at srivas@rowlandschools.org, or in person at Rowland Unified School District at 1830 Nogales Street, Rowland Heights, 91748.

DECLARACIÓN DE NO DISCRIMINACIÓN

El Distrito Escolar Unificado de Rowland está comprometido a la igualdad de oportunidades para todos los individuos en educación y empleo. El Distrito Unificado de Rowland prohíbe la discriminación, acoso, intimidación y acoso escolar en base a características reales o percibidas de edad, ascendencia, color, discapacidad, origen étnico, género, expresión de género, identidad de género, información genética, estado migratorio, estado civil, información médica, nacionalidad, condición de los padres, estado de embarazo, raza, religión, sexo, orientación sexual o asociación con una persona o grupo con una o más de estas características reales o percibidas. Si cree que usted, o su estudiante, han sido objeto de discriminación, hostigamiento, intimidación o acoso escolar, debe comunicarse con el director de su escuela y/o con la Oficial Principal de Cumplimiento y Título IX del Distrito, Silvia Rivas, por teléfono al (626) 854 -8392, por correo electrónico a, o en persona en el Distrito Escolar Unificado de Rowland en 1830 Nogales Street, Rowland Heights, CA 91748

非歧視聲明

羅蘭聯合學區致力於為所有人提供平等的教育和就業機會。 羅蘭聯合學區禁止根據實際或察覺的年齡,血統,膚色,殘疾,族裔,性別,性別表達,性別認同,遺傳信息,移民身份,婚姻狀況,醫療信息,國籍,父母身份,懷孕狀態,種族,宗教,性別,性取向,或與具有這些實際或察覺特徵中的一個或多個特徵的個人或群體的關係,而予以歧視,騷擾,恐嚇和霸凌。 如果您認為您或您的學生遭受了歧視,騷擾,恐嚇或霸凌,則應與您的學校校長聯繫,和/或通過致電 (626) 854-8392 或通過電子郵件 srivas@rowlandschools.org 給學區首席合規官和Title IX官員Silvia Rivas聯繫,或親自到位於1830 Nogales Street, Rowland Height CA 91748的羅蘭聯合學區。

The Information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.

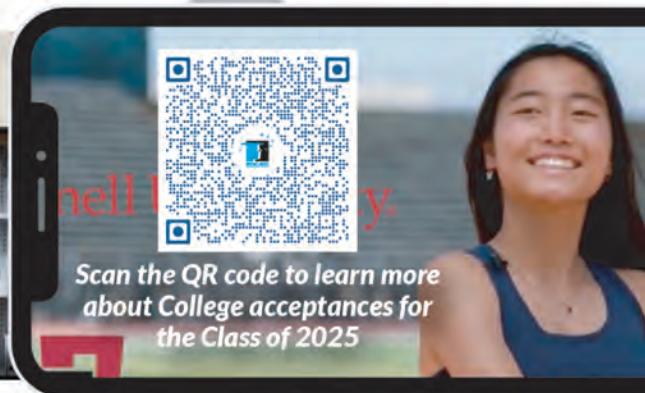


READY FOR COLLEGE AND CAREER!



Rowland Unified Graduates are Accepted into the Top Colleges & Universities Across the Nation and Earn Millions in Scholarships Each Year

- **Free TK-6 After-School Programs...** and so much more with Expanded Learning Opportunities
- **Double the Fun...** Students can learn two languages in TK/Kindergarten with Spanish or Mandarin Dual Language Immersion Programs
- **We Believe in Music for All...** The arts and enrichment activities are alive in our schools! EVERY student in grades 1-6 explores music education during the school day
- **College and Career Prep Courses...** International Baccalaureate (IB) World Schools, AP, Honors, AVID and Career Technical Education programs
- **Transformative and UNITED...** Rowland Unified School District's Board of Education continues to lead with a stable budget and expand rigorous academic and wellness programs that are student-focused
- **Building Futures...** Award-winning schools that are modernized, including the Nogales High School Fine Arts & Aquatics Center



Explore rowlandschools.org/enroll or call (626) 965-2541



CREATING FUTURE DOCTORS EVERY DAY!

Enrollment for 2026-2027
Begins January 20th!

ROWLAND UNIFIED: AWARD-WINNING
SCHOOLS THAT PREPARE STUDENTS FOR
THE FUTURE OF THEIR CHOICE!

WE ARE CREATING FUTURE...

Engineers, Athletes, Musicians, Artists,
Global Citizens, Chefs, Police Officers,
and More!!!

- ✓ Learn Chinese or Spanish Beginning in Kindergarten
- ✓ Rigorous Academics: AVID, Advanced Placement (AP), Honors, and CTE Career Pathways Program
- ✓ World Class Facilities to Engage and Support
- ✓ College Access: Guaranteed Admission to College Partner Schools with up to \$10,000 in Scholarships



For More Information Visit Us at
ROWLANDSCHOOLS.ORG
or call (626) 854-8520

USED FOR COMMUNITY EDUCATION CLASSES ONLY
registration form

Mail-in, fax or email registration form
communityed@rowlandschools.org

Rowland Adult and Community Education
2100 Lerona Avenue
Rowland Heights, CA 91748
Phone: (626) 965-5975 • Fax: (626)854-1191

LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____

PHONE NUMBER: (_____) - _____ M F BIRTH DATE: ____ / ____ / ____
GENDER M D Y

EMAIL: _____

COURSE #	COURSE TITLE	LOCATION	START DATE	Fee

REFUND POLICY

Please plan carefully as there will be **NO CLASS REFUNDS, LETTER OF CREDIT or CLASS TRANSFERS**. If the class is canceled by the Adult School, a full refund will be processed and mailed to you.

REGISTRATION FEE **\$5.00***

*Registration fee will be charged once per session.

LIABILITY RELEASE

I voluntarily agree to participate in this program. I realize that every precaution is taken to eliminate any injuries or hazards and that a competent teacher is present. However, in the event of any injury to myself, I hereby waive, release and hold harmless from any liability for damages or claims for which may arise in connection with the above-named activity(ies), against Rowland Adult and Community Education Personnel and the Rowland Unified School District.

Note: One registration form must be completed for each participant. More forms are available at the Adult School Office, or you may duplicate this form as needed.

The Information printed in this Schedule of Classes regarding classes, location, and teachers is as up-to-date as possible at time of printing.

I wish to opt out of email updates.

Student Initials _____

For Office Use Only

Receipt #: _____

Confirmation: _____

Initial: _____

Date: _____

Student ID #: _____

Processed: _____

PAYMENT (Check appropriate box for credit card)

*** Classes must be paid by cash or credit card only.**

CASH

VISA

M/C

AMEX



CC# _____

Security code (located on the back or front) _____

Expiration Date _____ / _____



Signature _____

Date _____



Rowland Adult and
Community Education
Race for life-long learning

Our Locations

Rowland Campus

Gemini Campus

Santana Campus

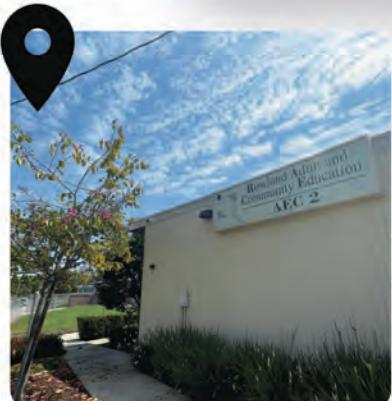


Rowland Campus

Classes Offered at this Location:

ESL, ABE/ASE, Citizenship Prep., Parent Ed., & Community Education classes

2100 Lerona Ave.
Rowland Heights, CA 91748



Gemini Campus

Classes Offered at this Location:

ESL, ABE/ASE, Older Adult

90 N Backton Ave.
La Puente, CA 91744



Santana Campus

Classes Offered at this Location:

ASE classes

341 La Seda Rd.
La Puente, CA 91744



For more information visit: race.rowlandschools.org



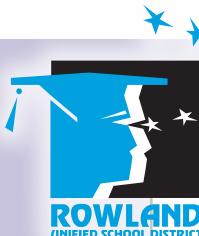
**Rowland Adult and
Community Education**
Race for life-long learning

2100 Lerona Avenue
Rowland Heights, CA 91748-3945

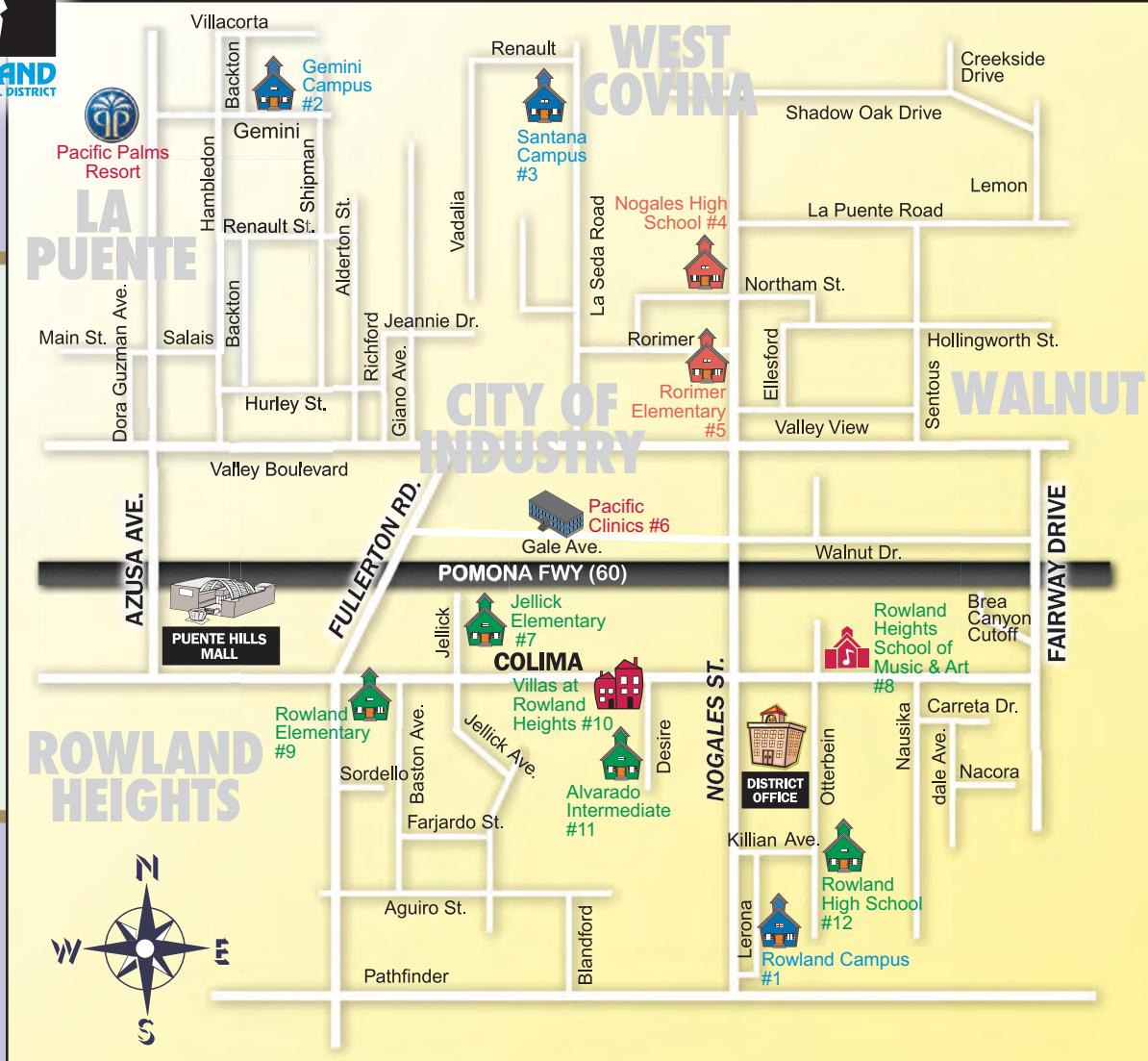
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**RESIDENTIAL CUSTOMER
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Class Locations



MAP	SITE NAME	CITY	MAP	SITE NAME	CITY	MAP	SITE NAME	CITY
1	Rowland Campus 2100 Lerona Ave.	Rowland Heights	5	Rorimer Elementary 18750 E. Rorimer St.	La Puente	9	Rowland Elementary 2036 S. Fullerton Rd.	Rowland Heights
2	Gemini Campus 90 N. Backton Ave.	La Puente	6	Pacific Clinics 18623 Gale Ave.	City of Industry	10	Villas at Rowland Heights 18600 E. Colima Rd.	Rowland Heights
3	Santana Campus 341 S. La Seda Rd.	La Puente	7	Jellick Elementary 1400 S. Jellick Ave.	Rowland Heights	11	Alvarado Intermediate 1901 Desire Ave.	Rowland Heights
4	Nogales High School 401 S. Nogales St.	La Puente	8	Rowland Heights School of Music & Art 19271 E. Colima Rd., Suite H	Rowland Heights	12	Rowland High School 2000 Otterbein Ave.	Rowland Heights